



POLICIES | SYSTEMS
ENVIRONMENT

& HEALTHY FOOD PANTRIES

WHAT WE DO

Steps to Health assists food pantries in developing policies and practices that result in healthier food distribution sites. Our toolkit, *The Nuts and Bolts of a Healthy Food Pantry*, provides guidance on building an understanding of behavioral economics as it applies to healthy food; integrating ideals of dignity into pantry work; and increasing nutritional knowledge for clients and pantry volunteers.

HOW IT WORKS

Training Materials



We offer a three-module training for pantry volunteers and staff. The goal of the training is to equip staff and volunteers with the knowledge and skills they need to organize the pantry space to facilitate healthier choices; advocate for healthy foods; and lead their own food demonstrations.

Baseline & Follow-up Assessment



Before the training begins, pantry personnel will complete a short and simple assessment of the space, practices, and capacity. They will complete the same assessment six months later to evaluate progress and reassess goals.

Comprehensive Resource Guide



As part of our toolkit, we include a comprehensive resource guide that outlines best practices, for creating healthy pantry environments. These resources help us assist pantries in reaching their goals!

Action Planning Tool



Finally, we work with pantries on creating a roadmap to success. With our action planning tool, food pantries have the opportunity to set goals and monitor their progress through smaller objectives.

FOR MORE INFORMATION

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EXTENSION